

September 2022



Sun	Mon	Tue	Wed	Thu	Fri	Sat
"The USDA is an equal opportunity Employer."				I Mini Bagels OR Fruit Rainbow Yogurt Parfait Fruit Juice Milk	2 Cereal OR scrambled eggs & toast Fruit Juice Milk	3
4	5 No School	6 Egg & Cheese tornado OR Pop Tart & Yogurt Fruit Juice Milk	7 Long Johns OR Cereal & Yogurt Fruit Juice Milk	8French Toast Bites OR Cereal with Sun- flower Seeds Fruit Juice Milk	9 Cinnamon Rolls OR Cereal & Yogurt Fruit Juice Milk	10
11	12 No School	13Cinnamon Toast Soft Breakfast Bar OR Combo Bar with Toast Fruit Juice Milk	14 Breakfast Pizza OR Cereal with Yogurt Fruit Juice Milk	15 Mini Bagels OR Fruit Rainbow Yogurt Parfait Fruit Juice Milk	16 Scrambled Eggs & Toast OR Cereal & Eggs Fruit Juice Milk	17
18	19Dutch Waffle OR Cereal with Yogurt Fruit Juice Milk	20 Egg & Cheese Tornado OR Cereal & Yogurt Fruit Juice Milk	21 Long Johns OR Cereal Fruit Juice Milk	22 French Toast Bites OR Cereal with Sun- flower seeds Fruit Juice Milk	23 Cheese Omelet with Toast OR Pop Tart Fruit Juice Milk	24
25	26 Chicken Sausage & Cheese on English Muffin OR Cereal Fruit Juice Milk	27 Cinnamon Toast Soft Breakfast Bar OR Combo Bar with Toast Fruit Juice Milk	28 Breakfast Pizza OR Cereal & Egg's Fruit Juice Milk	29 Mini Bagels OR Fruit Rainbow Yogurt Parfait Fruit Juice Milk	30 Scrambled Eggs & Toast OR Cereal Fruit Juice Milk	